

San Diego Grand Internationals

Presented by: Tom Georgion

Breaking Division Rules

1 Liability

- a) Each participant and assistant will be asked to read and sign the “Liability Waiver”, which can be found in the bottom portion of the registration form. This Liability Waiver applies to all divisions/events within the scope of the San Diego Grand Internationals and includes the Breaking Divisions.
- b) The tournament promoter, tournament directors, arbitrators and officials reserve the right to disqualify a participant based on the potential injury which might be incurred if allowed to perform the stated breaking techniques. These might include, but not subject to, breaking techniques beyond the perceived or known abilities of the participant, which might cause severe physical injuries. It will be at the discretion of the head official in the particular breaking division to bring the concerns to the arbitrator for a final decision.
- c) In the advance divisions (Adult Black Belts) the use of any sharp objects to break with or to come in contact with the participant in any way, such as, but not limited to glass, sharp metal object (i.e., knives, swords, nails, etc.) will be allowed at the discretion of the head official in accordance with the arbitrators.
- d) All participants will only be allowed three executions of each individual breaking technique. If the first execution of the technique fails, then one tenth of a point (0.1) will be deducted from each of the scores. If the second execution of the technique fails, then two tenths of a point (0.2) will be deducted from each of the scores. If the third execution of the technique fails, then three tenths of a point (0.3) will be deducted from each of the scores and the participant will not be allowed (under any circumstances) to try another execution of the same technique.
- e) No breaking techniques will be allowed where a flying object might cause injuries to other participants, officials or spectators.

2 Breaking Objects

- f) Since the San Diego Grand Internationals is an “open” Martial Arts tournament competition we cannot enforce the same consistent breaking objects to be used by the participants, however, there are some generic standards that we can expect in order to compare the abilities of each of the participants with their peers.
- g) The standard “wood” objects used in breaking competitions are made of pine, with dimensions of 12” x 12” and a thickness of 1”. The officials judging each breaking division will compensate in their scoring based on this standard, that is, a thicker board has a higher difficulty rating than this standard, likewise a thinner board will have a lower difficulty rating.

balance of technique and the use of this internal power that will allow the participant to properly execute the breaking technique, that is, to simulate the use of minimal force to render the maximum damage.

- r) Musical accompaniments or other props can be used as long as it adds to the general presentation abilities of the participant. One tenth (0.10) of a point will be deducted if the music or props does not add or contribute to the performance.
- s) The participant can use assistants if required to hold breaking objects, but will be responsible for any failure on their part to properly fulfill the requirements of the participant. The liability statements in these rules and those written in the registration form also apply to any assistant used by the participant. Assistant must sign liability form.

5 Difficulty Factors

- t) The difficulty factors will be considered into each official's score based on the age and rank of the participant. An older, more experienced participant is "expected" to perform more difficult breaks.
- u) For general guidelines, use the following list to determine the difficulty factors (ranked in most difficulty order)
 - I. Finger pokes
 - II. Forehead strikes
 - III. Backhand knuckle strikes
 - IV. Two knuckle punches
 - V. Reverse palm (back of the hand) strikes
 - VI. Elbow strikes
 - VII. Reach-hand strikes
 - VIII. Shin kicks
 - IX. Hand chop
 - X. Hammer fist strikes
 - XI. Palm strikes
 - XII. Various types of kicks
- v) Participants may optionally have breaking object on their bodies, having an assistant break the objects with their techniques of other devices. This will be allowed at the discretion of the head official, in conjunction with the arbitrators – for safety reasons. If allowed, the officials will jointly decide (by majority opinion) the difficulty factors of each of these breaks prior to their execution.
- w) Participants may use other objects or weapons to perform their breaking techniques. This will be allowed at the discretion of the head official, in conjunction with the arbitrators – for safety reasons. If allowed, the officials will jointly decide (by majority opinion) the difficulty factors of each of these breaks prior to their execution.